



Weaverham High School Performing Arts Department. Dance Department.



Year 9 – Preparing for GCSE.

BTEC Level 1/2 Tech Award in Performing Arts Dance.

Component One – Exploring the Performing Arts

For this component you will develop your understanding of professional dance performance work and its influences. The following links are of professional dance works in a range of different styles of dance. Aim to watch as much dance as you can this will really help you to develop your understanding of different performance styles.

Links to watch Professional Dance

Nutcracker by Matthew Bourne, performed by New Adventures -

<https://www.youtube.com/watch?v=1jleSq2FFhs>

Swan Lake by Matthew Bourne, performed by New Adventures -

<https://www.youtube.com/watch?v=rQsECq9XGM>

Revelations by Alvin Ailey - <https://www.youtube.com/watch?v=RrPJ4kt3a64&t=18s>

Emancipation of Expressionism by Kenrick H2O Sandy, Performed by Boy Blue Entertainment -

<https://www.youtube.com/watch?v=p1thJqQrxYk&list=PLGs9dd2GvGIIpVXBhEyMOHm5PHQpa1Ec&index=6>

A Linha Curva by Itzik Galli, Performed by Rambert -

https://www.youtube.com/watch?v=z_yqDn_20PQ&list=PLGs9dd2GvGIIpVXBhEyMOHm5PHQpa1Ec&index=3

When you watch a dance performance piece please write down the title of the piece and the choreographer.

Links to dance company websites where you will find lots of information on the dance company, the performance work and also the choreographer. Some are also offering online dance classes and workshops.

Matthew Bourne - New Adventures - <https://new-adventures.net/>

Alvin Ailey – Alvin Ailey American Dance Theatre - <https://www.alvinailey.org/>

Boy Blue Entertainment – http://boyblueent.com/?page_id=16021

Rambert - <https://www.rambert.org.uk/>

Component Two – Developing Skills and Techniques in the Performing Arts

During this component you will develop your skills as a dancer through a range of technique classes, workshops and also during performance. You will also review your own development and set targets to improve your performance.

The following links will allow you to have a look at dance technique classes and will give you an idea of some of the things we might do during practical dance classes. You might want to participate in some dance classes and work towards developing your fitness in preparation for practical classes in September.

If you do attempt any online dance classes, please remember to firstly always complete a really good warm up, follow the health and safety guidelines given by the teacher or the instructor, make sure you are suitably dressed in appropriate dance and foot wear, hair tied back and no jewellery and it is really important to make sure that you have enough space around you to complete the activity. If you find

something too difficult, or do not think you can do it safely in the space you are using, then please do not try it just miss it out. Please also remember to drink plenty of water when exercising and you must not exercise if you feel unwell.

Links to practical dance activities

Contemporary dance class -

<https://www.youtube.com/watch?v=ty8SUFiar5M&list=PLEfr681RcCZjgd5QLflqrH3hmVSDeOWnD&index=15&t=0>

Jazz dance warm up -

https://www.youtube.com/watch?v=Sk_7qYthu1U&list=PLEfr681RcCZjgd5QLflqrH3hmVSDeOWnD&index=19&t=1266s

Jazz dance technique - https://www.youtube.com/watch?v=uhO_Qs-fNxc

During this component you will take part in workshops and learn dance repertoire from the professional dance works you will study. The following clips show some examples of professional repertoire. You could have a go at learning them!

Professional dance repertoire

Thriller -

https://www.youtube.com/watch?feature=youtu.be&v=u55ZB2D0Ox0&app=desktop&disable_polymer=true

The Greatest Showman - <https://www.youtube.com/watch?v=qIPRDVqYO74&app=desktop>

This is Me!

This is your chance to tell me all about yourself as dancer, I would like you to answer the following questions, please write them down as either an essay or a mind map. You can include images and colour. Please hand this to me during your first dance lesson in September–

- What styles of dance have you experienced?
- Do you dance outside of school? If so what do you do?
- Have you performed in front of an audience? Tell me about your performance.
- What do you enjoy about dancing?
- Have you watched any dance performances? What style of dance was the performance? Was it live or recorded? Tell me about it.
- What are your strengths? This can be in dance and also your general strengths.
- What are they areas you would like to improve? Think about what areas you would like to develop in dance, maybe flexibility, strength or creativity.

Component Three – Responding to a Brief

During this component you will develop your creative skills as a dancer and while working as part of a group contribute creative ideas to a dance performance.

Creative dance task

I would like you to create a short dance phrase of movement that includes all of your favourite movements in dance. It does not have to be very long just around 20 seconds but no longer than 40 seconds. It can be in any style of dance you like, it could even include a range of styles. It could have a theme or just be a mix of your favourite dance movements. I would also like you to choose a piece of music that fits with your movement. The music can be instrumental or have lyrics.

Aim to remember your dance for September, it will help if you write it down and also if you film yourself. When you write it down you might want to draw stick men! Please do not worry you will not perform this by yourself, I would just like you to start thinking creatively!

Also please do not worry if you can't complete everything I have asked you to do, anything that you are able to do will be a great help to you in dance in Year 10.

If you have any questions about dance, the course or any of the tasks then please email me at joanne.oakes@weaverhamhighschool.com and I will look forward to seeing you all in September.

BTEC Dance Revision guide

It is not essential that you buy the revision guide as we have lots in school.

Revision Guide - <https://qualifications.pearson.com/en/qualifications/btec-tech-awards/performing-arts.resources.html?filterQuery=category:Pearson-UK:Publisher%2FPearson>

Revise BTEC Tech Award Performing Arts Revision Guide

Publisher: Pearson

Author: Sally Jewers, Heidi McEntee, Paul Webster

ISBN: 9781292245621

£5.89 +VAT